



Common Causes of Mental Blocks

- Defining the problem too narrowly.
- Attacking the symptoms and not the real problem.
- Assuming there is only one right answer.
- Getting "hooked" on the first solution that comes to mind.
- Getting "hooked" on a solution that almost works (but really doesn't).

Common Causes of Mental Blocks

- Distracted by irrelevant information, called "mental dazzle."
- Getting frustrated by lack of success.
- Being too anxious to finish.
- Defining the problem ambiguously.



Break up Mental Blocks

- Several creative solutions to the nine dot problem exist:
 - Roll up the piece of paper such that it is cylindrical in shape and then draw one line around the cylinder that passes thorough all nine dots
 - I photoreduce the nine dots and then using a thick felt pen to connect them with a single line
 - I Crumple up the piece of paper and stab it with a pencil (this is a statistical approach that may require more than one attempt to hit all the dots)

What did we learn?

The purpose of this exercise is to show that putting too many constraints (either consciously or unconsciously) on the problem statement narrows the range of possible solutions.











- A conceptual block is a mental wall that prevents the problem solver from correctly perceiving a problem or conceiving its solution.
- The most frequently occurring conceptual blocks are perceptual blocks, emotional blocks, cultural blocks, environmental blocks, intellectual blocks, and expressive blocks.



Emotional Blocks

- They decrease the amount of freedom with which you explore and manipulate ideas and prevent you from communicating your ideas to others.
- I Fear of risk taking Implementing a creative idea is like taking a risk. You take the risk of making a mistake, looking foolish, losing your job, or in a student's case, getting an unacceptable grade.
- I Lack of appetite for chaos Problem solvers must learn to live with confusion. What may be best for the individual may not be best for the organization or group.













	ckbusting	Blo
	Blockbuster	Block
	Attitude Adjustment	Negative Attitude
	Risk Taking	Fear of Failure
	Breaking the Rules	Following the Rules
е	Internal Creative Climate	Over Reliance on Logic
	Creative Beliefs	You Aren't Creative
	CKDUSTING Blockbuster Attitude Adjustment Risk Taking Breaking the Rules Internal Creative Climate Creative Beliefs	Block Block Negative Attitude Fear of Failure Following the Rules Over Reliance on Logic You Aren't Creative

Improving Your Creative Abilities

- Keep track of your ideas
- Pose new question to yourself everyday
- Keep up in your field of study
- Avoid rigid, set patterns of doing things
- Be open and receptive to new ideas
- Be alert in your observations



Improving Your Creative Abilities

- Adopt a risk taking attitude
- Keep your sense of humor
- Engage in creative hobbies

- Have courage and self-confidence
- Learn to know and understand yourself



Brainstorming, one of the oldest techniques to stimulate creativity, is a familiar and effective technique for generating solutions. Effective tool not only for one or two individuals discussing a problem in an informal setting but also in more formal large-group problem-solving sessions.



Brainstorming

- The initial stages of idea generation begin with an unstructured free association of ideas to solve the problem (brainstorming).
- During this activity, lists of all possible solutions are generated either in group discussions or individually. The lists should include wild solutions or unusual solutions without regard to their feasibility.
- A critical component of group brainstorming is to maintain a positive group attitude. No negative comments or judgments are allowed during this stage of the solution process
- Reserve evaluation and judgment until later

Comments That Reduce Brainstorming to Braindrizzling

- That won't work
- It's against our policy
- That's too radical
- We don't have enough time
- It's not our job
- That's too expensive
- We can't solve this problem
- That's not practical













Osb	orn's Checklist			
A technique used to generate additional ideas related to those already defined				
Osborn's Checklist for Adding New Ideas				
Adapt?	How can this idea be used as is? What are other uses it could be adapted to?			
Modify?	Change the meaning, material, color, shape, odor, etc.?			
Magnify?	Add new ingredient? Make longer, stronger, thicker, higher, etc.?			

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Osborn's Checklist			
Osborn's Checklist for Adding New Ideas			
Minify?	Split up? Take something out? Make lighter, lower, shorter, etc		
Substitute?	Who else, where else, or what else? Other ingredient, material, or approach?		
Rearrange?	Interchange parts? Other patterns, layouts? Transpose cause and effect? Change positives to negatives?		
Combine?	Combine parts, units, ideas? Blend? Compromise?		

Consider the basketball example		
Adapt?	Smaller players can foul as many times as they want (rule adaptation). Assists by smaller players count as points.	
Modify?	Raise baskets for taller players (modify court). Tall players stay inside 3-point line	
Magnify?	Short player's baskets worth 4-points (magnify score).	
Minify?	Tall player's shots worth 1-point (minify score).	
Rearrange?	Separate leagues for taller and shorter players (rearrange grouping).	



Choose randomly a word from the dictionary. Use that word to generate other words that can simulate the flow of ideas.

Other People's Views (OPV)

- When approaching a problem that involves the thoughts and feelings of others.
- Imagining yourself in the role of the other person allows you to see complications of the problem not considered previously.



Example of Other People's Views

Problem: Space capsule burns upon entering the atmosphere		
Project Manager	Complete the project on time	
NASA Accountant	Solve Problem but cost low	
Engineer:	New material should not interfere with capsule	
Materials Scientist:	Find a material that can handle the high temperature on reentry.	
Astronaut:	Doesn't care about:the capsule, to return;	
Final solution:	Allow the surface of the capsule to be destroyed, protecting the astronauts.	



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