High-performance concrete (HPC) exceeds the properties and constructability of normal concrete. Normal and special materials are used to make these specially designed concretes that must meet a combination of performance requirements. Special mixing, placing, and curing practices may be needed to produce and handle high-performance concrete. Extensive performance tests are usually required to demonstrate compliance with specific project needs (ASCE 1993, Russell 1999, and Bickley and Mitchell 2001). High-performance concrete has been primarily used in tunnels, bridges, and tall buildings for its strength, durability, and high modulus of elasticity (Fig. 17-1). It has also been used in shotcrete repair, poles, parking garages, and agricultural applications.

High-performance concrete characteristics are developed for particular applications and environments; some of the properties that may be required include:

- High strength
- High early strength
- High modulus of elasticity
- High abrasion resistance
- High durability and long life in severe environments
- Low permeability and diffusion
- Resistance to chemical attack
- High resistance to frost and deicer scaling damage
- Toughness and impact resistance
- Volume stability
- Ease of placement
- Compaction without segregation
- Inhibition of bacterial and mold growth

High-performance concretes are made with carefully selected high-quality ingredients and optimized mixture designs; these are batched, mixed, placed, compacted and cured to the highest industry standards. Typically, such concretes will have a low water-cementing materials ratio of 0.20 to 0.45. Plasticizers are usually used to make these concretes fluid and workable.

High-performance concrete almost always has a higher strength than normal concrete. However, strength is not always the primary required property. For example, a normal strength concrete with very high durability and very low permeability is considered to have high-performance properties. Bickley and Fung (2001) demonstrated that 40 MPa (6,000 psi) high-performance concrete for bridges could be economically made while
meeting durability factors for air-void system and resistance to chloride penetration.

Table 17-1 lists materials often used in high-performance concrete and why they are selected. Table 17-2 lists properties that can be selected for high-performance concrete. Not all properties can be achieved at the same time. High-performance concrete specifications ideally should be performance oriented. Unfortunately, many specifications are a combination of performance requirements (such as permeability or strength limits) and prescriptive requirements (such as air content limits or dosage of supplementary cementing material (Ferraris and Lobo 1998). Table 17-3 provides examples of high-performance concrete mixtures used in a variety of structures. Selected high-performance concretes are presented in this chapter.

HIGH-EARLY-STRENGTH CONCRETE

High-early-strength concrete, also called fast-track concrete, achieves its specified strength at an earlier age than normal concrete. The time period in which a specified strength should be achieved may range from a few

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Table 17-1. Materials Used in High-Performance Concrete

<table>
<thead>
<tr>
<th>Material</th>
<th>Primary contribution/Desired property</th>
</tr>
</thead>
<tbody>
<tr>
<td>Portland cement</td>
<td>Cementing material/durability</td>
</tr>
<tr>
<td>Blended cement</td>
<td>Cementing material/durability/high strength</td>
</tr>
<tr>
<td>Fly ash</td>
<td>Cementing material/durability/high strength</td>
</tr>
<tr>
<td>Slag</td>
<td>Cementing material/durability/high strength</td>
</tr>
<tr>
<td>Silica fume</td>
<td>Cementing material/durability/high strength</td>
</tr>
<tr>
<td>Calcined clay</td>
<td>Cementing material/durability/high strength</td>
</tr>
<tr>
<td>Metakaolin</td>
<td>Cementing material/durability/high strength</td>
</tr>
<tr>
<td>Calcined shale</td>
<td>Cementing material/durability/high strength</td>
</tr>
<tr>
<td>Superplasticizers</td>
<td>Flowability</td>
</tr>
<tr>
<td>High-range water reducers</td>
<td>Reduce water to cement ratio</td>
</tr>
<tr>
<td>Hydration control admixtures</td>
<td>Control setting</td>
</tr>
<tr>
<td>Retarders</td>
<td>Control setting</td>
</tr>
<tr>
<td>Accelerators</td>
<td>Accelerate setting</td>
</tr>
<tr>
<td>Corrosion inhibitors</td>
<td>Control steel corrosion</td>
</tr>
<tr>
<td>Water reducers</td>
<td>Reduce cement and water content</td>
</tr>
<tr>
<td>Shrinkage reducers</td>
<td>Reduce shrinkage</td>
</tr>
<tr>
<td>ASR inhibitors</td>
<td>Control alkali-silica reactivity</td>
</tr>
<tr>
<td>Polymer/latex modifiers</td>
<td>Durability</td>
</tr>
<tr>
<td>Optimally graded aggregate</td>
<td>Improve workability and reduce paste demand</td>
</tr>
</tbody>
</table>

---

Table 17-2. Selected Properties of High-Performance Concrete

<table>
<thead>
<tr>
<th>Property</th>
<th>Test method</th>
<th>Criteria that may be specified</th>
</tr>
</thead>
<tbody>
<tr>
<td>High strength</td>
<td>ASTM C 39 (AASHTO T 22)</td>
<td>70 to 140 MPa (10,000 to 20,000 psi) at 28 to 91 days</td>
</tr>
<tr>
<td>High-early compressive strength</td>
<td>ASTM C 39 (AASHTO T 22)</td>
<td>20 to 28 MPa (3000 to 4000 psi) at 3 to 12 hours or 1 to 3 days</td>
</tr>
<tr>
<td>High-early flexural strength</td>
<td>ASTM C 78 (AASHTO T 97)</td>
<td>2 to 4 MPa (300 to 600 psi) at 3 to 12 hours or 1 to 3 days</td>
</tr>
<tr>
<td>Abrasion resistance</td>
<td>ASTM C 944</td>
<td>0 to 1 mm depth of wear</td>
</tr>
<tr>
<td>Low permeability</td>
<td>ASTM C 1202 (AASHTO T 277)</td>
<td>500 to 2000 coulombs</td>
</tr>
<tr>
<td>Chloride penetration</td>
<td>AASHTO T 259 &amp; T 260</td>
<td>Less than 0.07% Cl at 6 months</td>
</tr>
<tr>
<td>High resistivity</td>
<td>ASTM G 59</td>
<td></td>
</tr>
<tr>
<td>Low absorption</td>
<td>ASTM C 642</td>
<td>2% to 5%</td>
</tr>
<tr>
<td>Low diffusion coefficient</td>
<td>Wood, Wilson and Leek (1989)</td>
<td>1000 x 10^{-13} m/s</td>
</tr>
<tr>
<td>Resistance to chemical attack</td>
<td>Expose concrete to saturated solution in wet/dry environment</td>
<td>No deterioration after 1 year</td>
</tr>
<tr>
<td>Sulfate attack</td>
<td>ASTM C 1012</td>
<td>0.10% max. expansion at 6 months for moderate sulfate exposures or 0.5% max. expansion at 6 months for severe sulfate exposure</td>
</tr>
<tr>
<td>High modulus of elasticity</td>
<td>ASTM C 469</td>
<td>More than 40 GPa (5.8 million psi) (Aitcin 1998)</td>
</tr>
<tr>
<td>High resistance to freezing and thawing damage</td>
<td>ASTM C 666, Procedure A</td>
<td>Durability factor of 95 to 100 at 300 to 1000 cycles (max. mass loss or expansion can also be specified)</td>
</tr>
<tr>
<td>High resistance to deicer scaling</td>
<td>ASTM C 672</td>
<td>Scale rating of 0 to 1 or mass loss of 0 to 0.5 kg/m² after 50 to 300 cycles</td>
</tr>
<tr>
<td>Low shrinkage</td>
<td>ASTM C 157</td>
<td>Less than 400 millionths (Aitcin 1998)</td>
</tr>
<tr>
<td>Low creep</td>
<td>ASTM C 512</td>
<td>Less than normal concrete</td>
</tr>
</tbody>
</table>
hours (or even minutes) to several days. High-early-strength can be attained by using traditional concrete ingredients and concreting practices, although sometimes special materials or techniques are needed.

High-early-strength can be obtained by using one or a combination of the following, depending on the age at which the specified strength must be achieved and on job conditions:

1. Type III or HE high-early-strength cement
2. High cement content (400 to 600 kg/m³ or 675 to 1000 lb/yd³)

| Table 17-3 (Metric). Typical High-Performance Concretes Used in Structures |
|-----------------------------------------------|-----|-----|-----|-----|-----|-----|
| Mixture number | 1   | 2   | 3   | 4   | 5   | 6   |
| Water, kg/m³    | 151 | 145 | 135 | 145 | 130 | 130 |
| Cement, kg/m³   | 311 | 398*| 500 | 335*| 513 | 315 |
| Fly ash, kg/m³  | 31  | 45  | —   | —   | 40  | —   |
| Slag, kg/m³     | 47  | —   | —   | 125 | —   | —   |
| Silica fume, kg/m³ | 16 | 32* | 30  | 40* | 43  | 23  |
| Coarse aggregate, kg/m³ | 1068| 1030| 1100| 1130| 1080| 1140|
| Fine aggregate, kg/m³ | 676 | 705 | 700 | 695 | 685 | 710 |
| Water reducer, L/m³ | 1.6 | 1.7 | —   | 1.0 | —   | 1.5 |
| Retarder, L/m³ | —   | 1.8 | —   | —   | —   | —   |
| Air, %           | 7 ± 1.5 | 5 – 8 | — | — | — | 5.5 |
| HRWR or plasticizer, L/m³ | 2.1 | 3   | 14  | 6.5 | 15.7| 5.0 |
| Water to cementing materials ratio | 0.37 | 0.30 | 0.27 | 0.29 | 0.25 | 0.34 |
| Comp. strength at 28 days, MPa | 59  | —   | 93  | 99  | 119 | —   |
| Comp. strength at 91 days, MPa | —   | 60  | 107 | 104 | 145 | —   |

4. BCE Place Phase 2, Toronto, 1993.

* Originally used a blended cement containing silica fume. Portland cement and silica fume quantities have been separated for comparison purposes.

| Table 17-3 (Inch-Pound Units). Typical High-Performance Concretes Used in Structures |
|-----------------------------------------------|-----|-----|-----|-----|-----|-----|
| Mixture number | 1   | 2   | 3   | 4   | 5   | 6   |
| Water, lb/yd³    | 254 | 244 | 227 | 244 | 219 | 219 |
| Cement, lb/yd³   | 525 | 671*| 843 | 565*| 865 | 531 |
| Fly ash, lb/yd³  | 53  | 76  | —   | —   | —   | 67  |
| Slag, lb/yd³     | 79  | —   | —   | 211 | —   | —   |
| Silica fume, lb/yd³ | 27 | 54* | 51  | 67* | 72  | 39  |
| Coarse aggregate, lb/yd³ | 1800| 1736| 1854| 1905| 1820| 1921|
| Fine aggregate, lb/yd³ | 1140| 1188| 1180| 1171| 1155| 1197|
| Water reducer, oz/yd³ | 41 | 47  | —   | 27  | —   | 38  |
| Retarder, oz/yd³ | —   | —   | 48  | —   | —   | —   |
| Air, %           | 7 ± 1.5 | 5 – 8 | — | — | — | 5.5 |
| HRWR or plasticizer, oz/yd³ | 55 | 83  | 375 | 175 | 420 | 131 |
| Water to cementing materials ratio | 0.37 | 0.30 | 0.27 | 0.29 | 0.25 | 0.34 |
| Comp. strength at 28 days, psi | 8,590| —   | 13,500| 14,360| 17,250| — |
| Comp. strength at 91 days, psi | —   | 8700| 15,300| 15,080| 21,000| — |

4. BCE Place Phase 2, Toronto, 1993.

* Originally used a blended cement containing silica fume. Portland cement and silica fume quantities have been separated for comparison purposes.
3. Low water-cementing materials ratio (0.20 to 0.45 by mass)
4. Higher freshly mixed concrete temperature
5. Higher curing temperature
6. Chemical admixtures
7. Silica fume (or other supplementary cementing materials)
8. Steam or autoclave curing
9. Insulation to retain heat of hydration
10. Special rapid hardening cements.

High-early-strength concrete is used for prestressed concrete to allow for early stressing; precast concrete for rapid production of elements; high-speed cast-in-place construction; rapid form reuse; cold-weather construction; rapid repair of pavements to reduce traffic downtime; fast-track paving; and several other uses.

In fast-track paving, use of high-early-strength mixtures allows traffic to open within a few hours after concrete is placed. An example of a fast-track concrete mixture used for a bonded concrete highway overlay consisted of 380 kg (640 lb) of Type III cement, 42 kg (70 lb) of Type C fly ash, 6 1/2% air, a water reducer, and a water-to-cementing materials ratio of 0.4. Strength data for this 40-mm (1 1/2-in.) slump concrete are given in Table 17-4. Figs. 17-2 and 17-3 illustrate early strength development of concretes designed to open to traffic within 4 hours after placement. Fig. 17-4 illustrates the benefits of blanket curing to develop early strength for patching or fast-track applications.

When designing early-strength mixtures, strength development is not the only criteria that should be evaluated; durability, early stiffening, autogenous shrinkage, drying shrinkage, temperature rise, and other properties also should be evaluated for compatibility with the project. Special curing procedures, such as fogging, may be needed to control plastic shrinkage cracking.

<table>
<thead>
<tr>
<th>Age</th>
<th>Compressive strength, MPa (psi)</th>
<th>Flexural strength, MPa (psi)</th>
<th>Bond strength, MPa (psi)</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 hours</td>
<td>1.7 (252)</td>
<td>0.9 (126)</td>
<td>0.9 (120)</td>
</tr>
<tr>
<td>6 hours</td>
<td>7.0 (1020)</td>
<td>2.0 (287)</td>
<td>1.1 (160)</td>
</tr>
<tr>
<td>8 hours</td>
<td>13.0 (1883)</td>
<td>2.7 (393)</td>
<td>1.4 (200)</td>
</tr>
<tr>
<td>12 hours</td>
<td>17.6 (2546)</td>
<td>3.4 (494)</td>
<td>1.6 (225)</td>
</tr>
<tr>
<td>18 hours</td>
<td>20.1 (2920)</td>
<td>4.0 (574)</td>
<td>1.7 (250)</td>
</tr>
<tr>
<td>24 hours</td>
<td>23.9 (3467)</td>
<td>4.2 (604)</td>
<td>2.1 (302)</td>
</tr>
<tr>
<td>7 days</td>
<td>34.2 (4960)</td>
<td>5.0 (722)</td>
<td>2.1 (309)</td>
</tr>
<tr>
<td>14 days</td>
<td>36.5 (5295)</td>
<td>5.7 (825)</td>
<td>2.3 (328)</td>
</tr>
<tr>
<td>28 days</td>
<td>40.7 (5900)</td>
<td>5.7 (830)</td>
<td>2.5 (359)</td>
</tr>
</tbody>
</table>

Adapted from Knutson and Riley 1987
HIGH-STRENGTH CONCRETE

The definition of high strength changes over the years as concrete strength used in the field increases. This publication considers high-strength concrete (HSC) to have a strength significantly beyond what is used in normal practice. For example, today about 90% of ready mixed concrete has a 28-day specified compressive strength ranging from 20 MPa (3000 psi) to 40 MPa (6000 psi), with most of it between 28 MPa (4000 psi) and 35 MPa (5000 psi). Therefore, HSC considered here has a design strength of at least 70 MPa (10,000 psi).

Most high-strength concrete applications are designed for compressive strengths of 70 MPa (10,000 psi) or greater as shown in Tables 17-3 and 17-5. For strengths of 70 MPa (10,000 psi) and higher, stringent application of the best practices is required. Compliance with the guidelines and

Table 17-5 (Metric). Mixture Proportions and Properties of Commercially Available High-Strength Concrete (Burg and Ost 1994)

<table>
<thead>
<tr>
<th>Units per m³</th>
<th>Mix number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Cement, Type I, kg</td>
<td>564</td>
</tr>
<tr>
<td>Silica fume, kg</td>
<td>—</td>
</tr>
<tr>
<td>Fly ash, kg</td>
<td>—</td>
</tr>
<tr>
<td>Coarse aggregate SSD (12.5 mm crushed limestone), kg</td>
<td>1068</td>
</tr>
<tr>
<td>Fine aggregate SSD, kg</td>
<td>647</td>
</tr>
<tr>
<td>HRWR Type F, liters</td>
<td>11.6</td>
</tr>
<tr>
<td>HRWR Type G, liters</td>
<td>—</td>
</tr>
<tr>
<td>Retarder, Type D, liters</td>
<td>1.12</td>
</tr>
<tr>
<td>Water to cementing materials ratio</td>
<td>0.28</td>
</tr>
</tbody>
</table>

Fresh concrete properties

| Slump, mm     | 197        | 248        | 216        | 254        | 235        | 203        |
| Density, kg/ m³ | 2451       | 2453       | 2433       | 2486       | 2459       | 2454       |
| Air content, % | 1.6        | 0.7        | 1.3        | 1.1        | 1.4        | 1.2        |
| Concrete temp., °C | 24         | 24         | 18         | 17         | 17         | 23         |

Compressive strength, 100 x 200-mm moist-cured cylinders

| 3 days, MPa | 57         | 54         | 55         | 72         | 53         | 43         |
| 7 days, MPa | 67         | 71         | 71         | 92         | 77         | 63         |
| 28 days, MPa | 79         | 92         | 90         | 117        | 100        | 85         |
| 56 days, MPa | 84         | 94         | 95         | 122        | 116        | —          |
| 91 days, MPa | 88         | 105        | 96         | 124        | 120        | 92         |
| 182 days, MPa | 97         | 105        | 97         | 128        | 120        | —          |
| 426 days, MPa | 103        | 118        | 100        | 133        | 119        | —          |
| 1085 days, MPa | 115        | 122        | 115        | 150        | 132        | —          |

Modulus of elasticity in compression, 100 x 200-mm moist-cured cylinders

| 91 days, GPa | 50.6       | 49.9       | 50.1       | 56.5       | 53.4       | 47.9       |

Drying shrinkage, 75 by 75 x 285-mm prisms

| 7 days, millionths | 193       | 123       | 100       | 87         | 137        | —          |
| 28 days, millionths | 400       | 287       | 240       | 203        | 233        | —          |
| 90 days, millionths | 573       | 447       | 383       | 320        | 340        | —          |
| 369 days, millionths | 690       | 577       | 520       | 453        | 467        | —          |
| 1075 days, millionths | 753       | 677       | 603       | 527        | 523        | —          |
Cementing materials are usually incorporated into the concrete mixture. This produces additional benefits in the form of reduced heat generation during hydration. With use of low-slump or no-slump mixes, high-compressive-strength concrete is produced routinely under careful control in precast and prestressed concrete plants. These stiff mixes are placed in ruggedly-built forms and consolidated by prolonged vibration or shock methods. However, cast-in-place concrete uses more fragile forms that do not permit the same compaction procedures, hence more workable concretes are necessary to achieve the required compaction and to avoid segregation.

Recommendations for preconstruction laboratory and field-testing procedures described in ACI 363.2 are essential. Concrete with a design strength of 131 MPa (19,000 psi) has been used in buildings (Fig. 17-5).

Traditionally, the specified strength of concrete has been based on 28-day test results. However, in high-rise concrete structures, the process of construction is such that the structural elements in lower floors are not fully loaded for periods of a year or more. For this reason, compressive strengths based on 56- or 91-day test results are commonly specified in order to achieve significant economy in material costs. When later ages are specified, supplementary cementing materials are usually incorporated into the concrete mixture. This produces additional benefits in the form of reduced heat generation during hydration.

With use of low-slump or no-slump mixes, high-compressive-strength concrete is produced routinely under careful control in precast and prestressed concrete plants. These stiff mixes are placed in ruggedly-built forms and consolidated by prolonged vibration or shock methods. However, cast-in-place concrete uses more fragile forms that do not permit the same compaction procedures, hence more workable concretes are necessary to achieve the required compaction and to avoid segregation.
tion and honeycomb. Superplasticizing admixtures are invariably added to HPC mixtures to produce workable and often flowable mixtures.

Production of high-strength concrete may or may not require the purchase of special materials. The producer must know the factors affecting compressive strength and know how to vary those factors for best results. Each variable should be analyzed separately in developing a mix design. When an optimum or near optimum is established for each variable, it should be incorporated as the remaining variables are studied. An optimum mix design is then developed keeping in mind the economic advantages of using locally available materials. Many of the items discussed below also apply to most high-performance concretes.

Cement

Selection of cement for high-strength concrete should not be based only on mortar-cube tests but should also include tests of comparative strengths of concrete at 28, 56, and 91 days. A cement that yields the highest concrete compressive strength at extended ages (91 days) is preferable. For high-strength concrete, a cement should produce a minimum 7-day mortar-cube strength of approximately 30 MPa (4350 psi).

Trial mixtures with cement contents between 400 and 550 kg/m³ (675 to 930 lb/yd³) should be made for each cement being considered for the project. Amounts will vary depending on target strengths. Other than decreases in sand content as cement content increases, the trial mixtures should be as nearly identical as possible.

Supplementary Cementing Materials

Fly ash, silica fume, or slag are often mandatory in the production of high-strength concrete; the strength gain obtained with these supplementary cementing materials cannot be attained by using additional cement alone. These supplementary cementing materials are usually added at dosage rates of 5% to 20% or higher by mass of cementing material. Some specifications only permit use of up to 10% silica fume, unless evidence is available indicating that concrete produced with a larger dosage rate will have satisfactory strength, durability, and volume stability. The water-to-cementing materials ratio should be adjusted so that equal workability becomes the basis of comparison between trial mixtures. For each set of materials, there will be an optimum cement-plus-supplementary cementing materials content at which strength does not continue to increase with greater amounts and the mixture becomes too sticky to handle properly. Blended cements containing fly ash, silica fume, slag, or calcined clay can be used to make high-strength concrete with or without the addition of supplementary cementing materials.

Aggregates

In high-strength concrete, careful attention must be given to aggregate size, shape, surface texture, mineralogy, and cleanliness. For each source of aggregate and concrete strength level there is an optimum-size aggregate that will yield the most compressive strength per unit of cement. To find the optimum size, trial batches should be made with 19 mm (3/4 in.) and smaller coarse aggregates and varying cement contents. Many studies have found that 9.5 mm to 12.5 mm (3/8 in. to 1/2 in.) nominal maximum-size aggregates give optimum strength.

In high-strength concretes, the strength of the aggregate itself and the bond or adhesion between the paste and aggregate become important factors. Tests have shown that crushed-stone aggregates produce higher compressive strength in concrete than gravel aggregate using the same size aggregate and the same cementing materials content; this is probably due to a superior aggregate-to-paste bond when using rough, angular, crushed material. For specified concrete strengths of 70 MPa (10,000 psi) or higher, the potential of the aggregates to meet design requirements must be established prior to use.

Coarse aggregates used in high-strength concrete should be clean, that is, free from detrimental coatings of dust and clay. Removing dust is important since it may affect the quantity of fines and consequently the water demand of a concrete mix. Clay may affect the aggregate-
paste bond. Washing of coarse aggregates may be necessary. Combining single sizes of aggregate to produce the required grading is recommended for close control and reduced variability in the concrete.

The quantity of coarse aggregate in high-strength concrete should be the maximum consistent with required workability. Because of the high percentage of cementitious material in high-strength concrete, an increase in coarse-aggregate content beyond values recommended in standards for normal-strength mixtures is necessary and allowable.

In high-rise buildings and in bridges, the stiffness of the structure is of interest to structural designers. On certain projects a minimum static modulus of elasticity has been specified as a means of increasing the stiffness of a structure (Fig. 17-5). The modulus of elasticity is not necessarily proportional to the compressive strength of a concrete. There are code formulas for normal-strength concrete and suggested formulas for high-strength concrete. The modulus achievable is affected significantly by the properties of the aggregate and also by the mixture proportions (Baalbaki and others 1991). If an aggregate has the ability to produce a high modulus, then the optimum modulus in concrete can be obtained by using as much of this aggregate as practical, while still meeting workability and cohesiveness requirements. If the coarse aggregate being used is a crushed rock, and manufactured fine aggregate of good quality is available from the same source, then a combination of the two can be used to obtain the highest possible modulus.

Due to the high amount of cementitious material in high-strength concrete, the role of the fine aggregate (sand) in providing workability and good finishing characteristics is not as crucial as in conventional strength mixes. Sand with a fineness modulus (FM) of about 3.0—considered a coarse sand—has been found to be satisfactory for producing good workability and high compressive strength. For specified strengths of 70 MPa (10,000 psi) or greater, FM should be between 2.8 and 3.2 and not vary by more than 0.10 from the FM selected for the duration of the project. Finer sand, say with a FM of between 2.5 and 2.7, may produce lower-strength, sticky mixtures.

Admixtures

The use of chemical admixtures such as water reducers, retarders, high-range water reducers or superplasticizers is necessary. They make more efficient use of the large amount of cementitious material in high-strength concrete and help to obtain the lowest practical water to cementing materials ratio. Chemical admixture efficiency must be evaluated by comparing strengths of trial batches. Also, compatibility between cement and supplementary cementing materials, as well as water-reducing and other admixtures, must be investigated by trial batches. From these trial batches, it will be possible to determine the workability, setting time, and amount of water reduction for given admixture dosage rates and times of addition.

The use of air-entraining admixtures is not necessary or desirable in high-strength concrete that is protected from the weather, such as interior columns and shearwalls of high-rise buildings. However, for bridges, concrete piles, piers, or parking structures, where durability in a freeze-thaw environment is required, entrained air is mandatory. Because air entrainment decreases concrete strength of rich mixes, testing to establish optimum air contents and spacing factors may be required. Certain high-strength concretes may not need as much air as normal-strength concrete to be frost resistant. Pinto and Hover (2001) found that non-air-entrained, high-strength concretes had good frost and deicer-scaling resistance at a water to portland cement ratio of 0.25. Burg and Ost (1994) found good frost resistance with non-air-entrained concrete containing silica fume at a water to cementing materials ratio of 0.22 (Mix No. 4 in Table 17-5); however, this was not the case with other mixes, including a portland-only mixture with a water to cement ratio of 0.28.

Proportioning

The trial mixture approach is best for selecting proportions for high-strength concrete. To obtain high strength, it is necessary to use a low water to cementing materials ratio and a high portland cement content. The unit strength obtained for each unit of cement used in a cubic meter (yard) of concrete can be plotted as strength efficiency to assist with mix designs.

The water requirement of concrete increases as the fine aggregate content is increased for any given size of coarse aggregate. Because of the high cementing materials content of these concretes, the fine aggregate content can be kept low. However, even with well-graded aggregates, a low water-cementing materials ratio may result in concrete that is not sufficiently workable for the job. If a superplasticizer is not already being used, this may be the time to consider one. A slump of around 200 mm (8 in.) will provide adequate workability for most applications. ACI Committee 211 (1998), Farny and Panarese (1994), and Nawy (2001) provide additional guidance on proportioning.

Mixing

High-strength concrete has been successfully mixed in transit mixers and central mixers; however, many of these concretes tend to be sticky and cause build-up in these mixers. Where dry, uncompacted silica fume has been batched into a mix, “balling” of the mix has occurred and mixing has been less than complete. In such instances it has been found necessary to experiment with the sequence in which solids and liquids are added, and the
forms. High-frequency vibrators should be small enough to allow sufficient clearance between the vibrating head and reinforcing steel. Over-vibration of workable normal-strength concrete often results in segregation, loss of entrained air, or both. On the other hand, high-strength concrete without a superplasticizer, will be relatively stiff and contain little air. Consequently, inspectors should be more concerned with under-vibration rather than over-vibration. Most high-strength concrete, particularly very high-strength-concrete, is placed at slumps of 180 mm to 220 mm (7 in. to 9 in.). Even at these slumps, some vibration is required to ensure compaction. The amount of compaction should be determined by onsite trials.

High-strength concrete is often difficult to finish because of its sticky nature. High cementitious materials contents, large dosages of admixtures, low water contents, and air entrainment all contribute to the difficulty of finishing these concretes. Because the concrete sticks to the trowels and other finishing equipment, finishing activities should be minimized. The finishing sequence should be modified from that used for normal concrete.

Curing of high-strength concrete is even more important than curing normal-strength concrete. Providing adequate moisture and favorable temperature conditions is recommended for a prolonged period, particularly when 56- or 91-day concrete strengths are specified.

Additional curing considerations apply with HSC and HPC. Where very low water-cement ratios are used in flatwork (slabs and overlays), and particularly where silica fume is used in the mixture, there will be little if any bleeding before or after finishing. In these situations it is imperative that fog curing or evaporation retarders be applied to the concrete immediately after the surface has been struck off. This is necessary to avoid plastic shrinkage cracking of horizontal surfaces and to minimize crusting. Fog curing, followed by 7 days of wet curing, has proven to be very effective.

It is inevitable that some vertical surfaces, such as columns, may be difficult to cure effectively. Where projects are fast-tracked, columns are often stripped at an early age to allow raising of self-climbing form systems. Concrete is thus exposed to early drying, sometimes within eleven hours after casting. Because of limited access, providing further curing is difficult and impractical.

Tests were conducted on column concrete to determine if such early exposure and lack of curing have any harmful effects. The tests showed that for a portland cement-slag-silica fume mixture with a specified strength of 70 MPa (10,000 psi), the matrix was sound and a very high degree of impermeability to water and chloride ions had been achieved (Bickley and others 1994). Nevertheless, the best curing possible is recommended for all HPC.

The temperature history of HPC is an integral part of its curing process. Advantage should also be taken of recent developments in curing technology. Temperature
increases and gradients that will occur in a concrete place-
ment can be predicted by procedures that provide data for
this purpose. With this technique, measures to heat, cool,
or insulate a concrete placement can be determined and
applied to significantly reduce both micro- and macro-
cracking of the structure and assure durability. The
increasing use of these techniques will be required in most
structures using HPC to assure that the cover concrete
provides long term protection to the steel, and results in
the intended service life of the structure.

Quality Control

A comprehensive quality-control program is required at
both the concrete plant and onsite to guarantee consistent
production and placement of high-strength concrete.
Inspection of concreting operations from stockpiling of
aggregates through completion of curing is important.
Closer production control than is normally obtained on
most projects is necessary. Also, routine sampling and
testing of all materials is particularly necessary to control
uniformity of the concrete.

While tests on concrete should always be made in
strict accordance with standard procedures, some addi-
tional requirements are recommended, especially where
specified strengths are 70 MPa (10,000 psi) or higher.
In testing high-strength concrete, some changes and
more attention to detail are required. For example, card-
board cylinder molds, which can cause lower strength-
test results, should be replaced with reusable steel or
plastic molds. Capping of cylinders must be done with
great care using appropriate capping compounds.
Lapping (grinding) the cylinder ends is an alternative
to capping. For specified strengths of 70 MPa (10,000 psi)
or greater, end grinding to a flatness tolerance of
0.04 mm is recommended.

The physical characteristics of a testing machine can
have a major impact on the result of a compression test. It
is recommended that testing machines be extremely stiff,
both longitudinally and laterally.

The quality control necessary for the production of
high compressive strength concrete will, in most cases,
lead to low variance in test results. Strict vigilance in all
aspects of quality control on the part of the producer and
quality testing on the part of the laboratory are necessary
on high-strength concrete projects. For concretes with
specified strengths of 70 MPa (10,000 psi), or greater, the
coefﬁcient of variation is the preferred measure of
quality control.

HIGH-DURABILITY CONCRETE

Most of the attention in the 1970s and 1980s was directed
toward high strength HPC; today the focus is more on
concretes with high durability in severe environments
resulting in structures with long life. For example, the
Confederation Bridge across the Northumberland Strait
between Prince Edward Island and New Brunswick has a
100-year design life (see Mix No. 2 in Table 17-3). This
bridge contains HPC designed to efficiently protect the
embedded reinforcement. The concrete had a diffusion
coefficient of 4.8 x 10^{-13} at six months (a value 10 to 30
times lower than that of conventional concrete). The elec-
trical resistivity was measured at 470 to 530 ohm-m,
compared to 50 for conventional concrete. The design
required that the concrete be rated at less than 1000
coulombs. The high concrete resistivity in itself will result
in a rate of corrosion that is potentially less than 10 percent
of the corrosion rate for conventional concrete (Dunaszegi
1999). The following sections review durability issues that
high-performance concrete can address.

Abrasion Resistance

Abrasion resistance is directly related to the strength of
cement. This makes high strength HPC ideal for abrasive
environments. The abrasion resistance of HPC incorpo-
rating silica fume is especially high. This makes silica-
fume concrete particularly useful for spillways and
stilling basins, and concrete pavements or concrete pave-
ment overlays subjected to heavy or abrasive traffic.

Holland and others (1986) describe how severe abra-
sion-erosion had occurred in the stilling basin of a dam;
repairs using fiber-reinforced concrete had not proven to be
durable. The new HPC mix used to repair the structure the
second time contained 386 kg/m^3 (650 lb/yd^3) of cement,
70 kg/m^3 (118 lb/yd^3) of silica fume, admixtures, and had a
water to cementing materials ratio of 0.28, and a 90-day
compressive strength exceeding 103 MPa (15,000 psi).

Berra, Ferrara, and Tavano (1989) studied the addition
of fibers to silica fume mortars to optimize abrasion resist-
ance. The best results were obtained with a mix using slag
cement, steel fibers, and silica fume. Mortar strengths
ranged from 75 MPa to 100 MPa (11,000 psi to 14,500 psi).
In addition to better erosion resistance, less drying
shrinkage, high freeze-thaw resistance, and good bond to
the substrate were achieved.

In Norway steel studs are allowed in tires; this causes
severe abrasion wear on pavement surfaces, with resur-
facing required within one to two years. Tests using an
accelerated road-wear simulator showed that in the range
of 100 MPa to 120 MPa (14,500 psi to 17,000 psi), concrete
had the same abrasion resistance as granite (Helland
1990). Abrasion-resistant highway mixes usually contain
between 320 and 450 kg/m^3 (539 and 758 lb/yd^3) of
cement, plus silica fume or fly ash. They have water to
cementing materials ratios of 0.22 to 0.36 and compressive
strengths in the range of 85 to 130 MPa (12,000 to 19,000
psi). Applications have included new pavements and
overlays to existing pavements.
Blast Resistance

High-performance concrete can be designed to have excellent blast resistance properties. These concretes often have a compressive strength exceeding 120 MPa (14,500 psi) and contain steel fibers. Blast-resistant concretes are often used in bank vaults and military applications.

Permeability

The durability and service life of concrete exposed to weather is related to the permeability of the cover concrete protecting the reinforcement. HPC typically has very low permeability to air, water, and chloride ions. Low permeability is often specified through the use of a coulomb value, such as a maximum of 1000 coulombs.

Test results obtained on specimens from a concrete column specified to be 70 MPa (10,000 psi) at 91 days and which had not been subjected to any wet curing were as follows (Bickley and others):

Water permeability of vacuum-saturated specimens:
- Age at test: 7 years
- Applied water pressure: 0.69 MPa
- Permeability: $7.6 \times 10^{-13}$ cm/s

Rapid chloride permeability (ASTM C 1202):
- Age at test, years: 1
- Coulombs: 303
- Age at test, years: 2
- Coulombs: 258
- Age at test, years: 7
- Coulombs: 417

The dense pore structure of high-performance concrete, which makes it so impermeable, gives it characteristics that make it eminently suitable for uses where a high quality concrete would not normally be considered. Latex-modified HPC is able to achieve these same low levels of permeability at normal strength levels without the use of supplementary cementing materials.

A large amount of concrete is used in farm structures. It typically is of low quality and often porous and with a rough surface, either when placed or after attack by farmyard wastes.

Gagne, Chagnon, and Parizeau (1994) provided a case history of the successful application of high performance concrete for agricultural purposes. In one case a farmer raising pigs on a large scale was losing about 1 kg per pig through diarrhea. This problem was resolved by reconstructing the pig pens with high performance concrete. Cited as beneficial properties in this application were:
- Surface smoothness that is compatible with the sensitive skin of a piglet
- Non-slip surface
- Good thermal conductivity resulting in uniform distribution of heat
- Impermeable surface to resist the growth of bacteria and viruses
- Easy to place

- Resistant to attack by acid (farmyard) wastes
- Price effective

The mix used had a water to portland cement ratio of 0.33 and had a 7-day compressive strength of 50 MPa (7,250 psi).

Diffusion

Aggressive ions, such as chloride, in contact with the surface of concrete will diffuse through the concrete until a state of equilibrium in ion concentration is achieved. If the concentration of ions at the surface is high, diffusion may result in corrosion-inducing concentrations at the level of the reinforcement.

The lower the water-cementing materials ratio the lower the diffusion coefficient will be for any given set of materials. Supplementary cementing materials, particularly silica fume, further reduce the diffusion coefficient. Typical values for diffusion for HPC are as follows:

<table>
<thead>
<tr>
<th>Type of Concrete</th>
<th>Diffusion Coefficient</th>
</tr>
</thead>
<tbody>
<tr>
<td>Portland cement-fly-ash silica fume mix:</td>
<td>$1000 \times 10^{-15}$ m$^2$/s</td>
</tr>
<tr>
<td>Portland cement-fly ash mix:</td>
<td>$1600 \times 10^{-15}$ m$^2$/s</td>
</tr>
</tbody>
</table>

Carbonation

HPC has a very good resistance to carbonation due to its low permeability. It was determined that after 17 years the concrete in the CN Tower in Toronto had carbonated to an average depth of 6 mm (0.24 in.) (Bickley, Sarkar, and Langlois 1992). The concrete mixture in the CN Tower had a water-cement ratio of 0.42. For a cover to the reinforcement of 35 mm (1.4 in.), this concrete would provide corrosion protection for 500 years. For the lower water-cementing materials ratios common to HPC, significantly longer times to corrosion would result, assuming a crack free structure. In practical terms, uncracked HPC cover concrete is immune to carbonation to a depth that would cause corrosion.

Temperature Control

The quality, strength, and durability of HPC is highly dependent on its temperature history from the time of delivery to the completion of curing. In principle, favorable construction and placing methods will enable: (1) a low temperature at the time of delivery; (2) the smallest possible maximum temperature after placing; (3) minimum temperature gradients after placing; and (4) a gradual reduction to ambient temperature after maximum temperature is reached. Excessively high temperatures and gradients can cause excessively fast hydration and micro- and macro-cracking of the concrete.

It has been a practice on major high-rise structures incorporating concretes with specified strengths of 70 MPa.
to 85 MPa (10,000 psi to 12,000 psi) to specify a maximum delivery temperature of 18°C (64°F) (Ryell and Bickley 1987). In summertime it is possible that this limit could only be met by using liquid nitrogen to cool the concrete. Experience with very-high-strength concrete suggests that a delivery temperature of no more than 25°C (77°F), preferably 20°C (68°F), should be allowed. In addition to liquid nitrogen, measures to cool HPC in the summer may involve using ice or chilled water as part of the mix water. The specifier should state the required delivery temperature.

In HPC applications such as high-rise buildings, column sizes are large enough to be classed as mass concrete. Normally, excessive heat generation in mass concrete is controlled by using a low cement content. When high-cement-content HPC mixes are used under these conditions, other methods of controlling maximum concrete temperature must be employed. Burg and Ost (1994) recorded temperature rise for 1220-mm (4-ft) concrete cubes using the mixtures in Table 17-5. A maximum temperature rise of 9.4°C to 11.7°C for every 100 kg of cement per cubic meter of concrete (1°F to 12.5°F for every 100 lb of cement per cubic yard of concrete) was measured. Burg and Fiorato (1999) monitored temperature rise in high-strength concrete caissons; they determined that in-place strength was not affected by temperature rise due to heat of hydration.

Freeze-Thaw Resistance

Because of its very low water-cementing materials ratio (less than 0.25), it is widely believed that HPC should be highly resistant to both scaling and physical breakup due to freezing and thawing. There is ample evidence that properly air-entrained high performance concretes are highly resistant to freezing and thawing and to scaling.

Gagne, Pigeon, and Aitcin (1990) tested 27 mixes using cement and silica fume with water-cementing materials ratios of 0.30, 0.26, and 0.23 and a wide range of quality in air-voids systems. All specimens performed exceptionally well in salt-scaling tests, confirming the durability of high-performance concrete, and suggesting that air-entrainment is not needed. Tachitana and others (1990) conducted ASTM C 666 (Procedure A) tests on non-air-entrained high performance concretes with water-cementing materials ratios between 0.22 and 0.31. All were found to be extremely resistant to freeze-thaw damage and again it was suggested that air-entrainment is not needed.

Pinto and Hover (2001) found that non-air-entrained concrete with a water to portland cement ratio of 0.25 was deicer-scaling resistant with no supplementary cementing materials present. They found that higher strength portland cement concretes needed less air than normal concrete to be frost and scale resistant.

Burg and Ost (1994) found that of the six mixes tested in Table 17-5 using ASTM C 666, only the silica fume concrete (Mix 4) with a water to cementing materials ratio of 0.22 was frost resistant.

Sidewalks constructed in Chicago in the 1920s used 25-mm (1-in.) thick toppings made of no-slump dry-pack mortar that had to be rammed into place. The concrete contained no air entrainment. Many of these sidewalks are still in use today; they are in good condition (minus some surface paste exposing fine aggregate) after 60 years of exposure to frost and deicers. No documentation exists on the water to cement ratio; however, it can be assumed that the water to cement ratio was comparable to that of modern HPCs.

While the above experiences prove the excellent durability of certain high-performance concretes to freeze-thaw damage and salt scaling, it is considered prudent to use air-entrainment. No well-documented field experiments have been made to prove that air-entrainment is not needed. Until such data are available, current practice for air-entrainment should be followed. It has been shown that the prime requirement of an air-void system for HPC is a preponderance of air bubbles of 200 μm size and smaller. If the correct air bubble size and spacing can be assured, then a moderate air content will ensure durability and minimize strength loss. The best measure of air-entrainment is the spacing factor.

Chemical Attack

For resistance to chemical attack on most structures, HPC offers a much improved performance. Resistance to various sulfates is achieved primarily by the use of a dense, strong concrete of very low permeability and low water-to-cementing materials ratio; these are all characteristics of HPC. Similarly, as discussed by Gagne and others (1994), resistance to acid from wastes is also much improved.

Alkali-Silica Reactivity

Reactivity between certain siliceous aggregates and alkali hydroxides can affect the long-term performance of concrete. Two characteristics of HPC that help combat alkali-silica reactivity are:

(1) HPC concretes at very low water to cement ratios can self desiccate (dry out) to a level that does not allow ASR to occur (relative humidity less than 80%). Burg and Ost (1994) observed relative humidity values ranging from 62% to 72% for their six mixes in Table 17-5. The low permeability of HPC also minimizes external moisture from entering the concrete.

(2) HPC concretes can use significant amounts of supplementary cementing materials that may have the ability to control alkali-silica reactivity. However, this must be demonstrated by test. HPC concretes can also use ASR inhibiting admixtures to control ASR.

HPC concretes are not immune to alkali-silica reactivity and appropriate precautions must be taken.
Resistivity

HPC, particularly that formulated with silica fume, has very high resistivity, up to 20 to 25 times that of normal concrete. This increases resistance to the flow of electrical current and reduces corrosion rates. Particularly if dry, HPC acts as an effective dielectric. Where cracking occurs in HPC, the corrosion is localized and minor; this is due to the high resistivity of the concrete which suppresses the development of a macro corrosion cell.

SELF-COMPACTING CONCRETE

Self-compacting concrete (SCC), also referred to as self-consolidating concrete, is able to flow and consolidate under its own weight. At the same time it is cohesive enough to fill spaces of almost any size and shape without segregation or bleeding. This makes SCC particularly useful wherever placing is difficult, such as in heavily-reinforced concrete members or in complicated formwork.

This technology, developed in Japan in the 1980s, is based on increasing the amount of fine material, for example fly ash or limestone filler, without changing the water content compared to common concrete. This changes the rheological behavior of the concrete. SCC has to have a low yield value to ensure high flowability; a low water content ensures high viscosity, so the coarse aggregate can float in the mortar without segregating. To achieve a balance between deformability and stability, the total content of particles finer than the 150 µm (No. 100) sieve has to be high, usually about 520 to 560 kg/m³ (880 to 950 lb/yd³). High-range water reducers based on polycarboxylate ethers are typically used to plasticize the mixture. SCC is very sensitive to fluctuation in water content; therefore, stabilizers such as polysaccharides are used. Fig. 17-6 shows an example of mix proportions used in self-compacting concrete as compared to a regular concrete mix.

In Japan, self-compacting concretes are divided into three different types according to the composition of the mortar:

- Powder type
- Viscosity agent (stabilizer) type
- Combination type

For the powder type, a high proportion of fines produces the necessary mortar volume. In the stabilizer type, the fines content can be in the range admissible for vibrated concrete. The viscosity required to inhibit segregation will then be adjusted by using a stabilizer. The combination type is created by adding a small amount of stabilizer to the powder type to balance the moisture fluctuations in the manufacturing process.

Since SCC is characterized by special fresh concrete properties, many new tests have been developed to measure flowability, viscosity, blocking tendency, self-leveling, and stability of the mixture (Skarendahl and Peterson 1999 and Ludwig and others 2001). A simple test to measure the stable and unblocked flow is the J-Ring test, which is a modified slump test. The J-Ring—300 mm (12 in.) diameter with circular rods—is added to the slump test (Fig. 17-7). The number of rods has to be adjusted depending on the maximum size aggregate in the SCC mix. The SCC has to pass through the obstacles in the J-Ring without separation of paste and coarse aggregates. The slump diameter of a well-proportioned SCC is approximately the same with and without the J-Ring; it is usually about 750 mm (30 in.). Therefore, the test surface has to be at least 1000 mm (40 in.) in diameter.

Strength and durability of well-designed SCC are almost similar to conventional concrete. Without proper curing, SCC tends to have higher plastic shrinkage.
cracking than conventional concrete (Grube and Rickert 2001). Research indicates greater tensile creep for SCC, resulting in a reduced tendency to crack (Bickley and Mitchell 2001). The use of fly ash as a filler seems to be advantageous compared to limestone filler; it results in higher strength and higher chloride resistance (Bouzoubaa and Lachemi 2001 and Ludwig and others 2001).

The production of SCC is more expensive than regular concrete and it is difficult to keep SCC in the desired consistency over a long period of time. However, construction time is shorter and production of SCC is environmentally friendly (no noise, no vibration). Furthermore, SCC produces a good surface finish. These advantages make SCC particularly interesting for use in precasting plants. SCC has been successfully used in a number of rehabilitation projects in Canada (Bickley and Mitchell 2001).

**REACTIVE-POWDER CONCRETE**

Reactive-powder concrete (RPC) was first patented by a French construction company in 1994. It is characterized by high strength and very low porosity, which is obtained by optimized particle packing and low water content.

The properties of RPC are achieved by: (1) eliminating the coarse aggregates; just very fine powders are used such as sand, crushed quartz, and silica fume, all with particle sizes between 0.02 and 300 µm; (2) optimizing the grain size distribution to densify the mixture; (3) post-set heat-treatment to improve the microstructure; (4) addition of steel and synthetic fibers (about 2% by volume); and (5) use of superplasticizers to decrease the water to cement ratio—usually to less than 0.2—while improving the rheology of the paste. See Fig. 17-8 for a typical fresh RPC.

The compressive strength of reactive-powder concrete is typically around 200 MPa (29,000 psi), but can be produced with compressive strengths up to 810 MPa (118,000 psi) (Semioli 2001). However, the low comparative tensile strength requires prestressing reinforcement in severe structural service. Table 17-6 compares hardened concrete properties of RPC with those of an 80-MPa (11,600-psi) concrete.

RPC has found some applications in pedestrian bridges (Fig. 17-9) (Bickley and Mitchell 2001 and Semioli 2001). Also, the low porosity of RPC gives excellent durability and transport properties, which makes it a suitable material for the storage of nuclear waste (Matte and Moranville 1999). A low-heat type of reactive-powder concrete has been developed to meet needs for mass concrete pours for nuclear reactor foundation mats and underground containment of nuclear wastes (Gray and Shelton 1998).

<table>
<thead>
<tr>
<th>Property</th>
<th>Unit</th>
<th>80 MPa</th>
<th>RPC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Compressive strength</td>
<td>MPa (psi)</td>
<td>80 (11,600)</td>
<td>200 (29,000)</td>
</tr>
<tr>
<td>Flexural strength</td>
<td>MPa (psi)</td>
<td>7 (1000)</td>
<td>40 (5800)</td>
</tr>
<tr>
<td>Tensile strength</td>
<td>MPa (psi)</td>
<td></td>
<td>8 (1160)</td>
</tr>
<tr>
<td>Modulus of Elasticity</td>
<td>GPa (psi)</td>
<td>40 (5.8 x 10^6)</td>
<td>60 (8.7 x 10^6)</td>
</tr>
<tr>
<td>Fracture Toughness</td>
<td>10^6 J/m²</td>
<td>&lt;1</td>
<td>30</td>
</tr>
<tr>
<td>Freeze-thaw, ASTM C 666</td>
<td>RDF</td>
<td>90</td>
<td>100</td>
</tr>
<tr>
<td>Carbonation depth: 36 days in CO₂</td>
<td>mm</td>
<td>2</td>
<td>0</td>
</tr>
<tr>
<td>Abrasion</td>
<td>10^-12 m²/s</td>
<td>275</td>
<td>1.2</td>
</tr>
</tbody>
</table>
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